enso
CLOCK ™

Welcome!

Table of Contents

The name **salubrion** is derived from the word **salubrious**—meaning to promote health and well-being. **salubrion** is committed to creating products that are true to the origin of its name.

2

The **enso** CLOCK Story

Enso, the Japanese word for *circle,* is a symbol of enlightenment, elegance, and the universe. Drawn with a single clockwise brushstroke, this Japanese symbol inspired the design of the **salubrion Enso Clock**.

During a timer, the **Enso Ring** is slowly *brushed* around the clock display, abstractly showing the relative amount of elapsed time. This subtle display of time frees your mind from the distracting thought of numerical minutes and seconds.

Soothing chimes from Tibetan & Japanese singing bowls and bells gently indicate the completion of a timer or alarm.

3

Setting the Clock

1 Press the **Clock** Button.

2 Adjust the Time.

Press **+** to increment time.

Press **–** to decrement time.

Hold for fast scrolling

3 Press **<<** or **>>** to toggle 12/24-hour format and set seconds to *0*.

4 Press **▶ ❚❚** to Save Changes to Clock.

X Press **■** to Discard Changes to Clock.

4

Setting the Alarm

1 Press the **Alarm** Button.

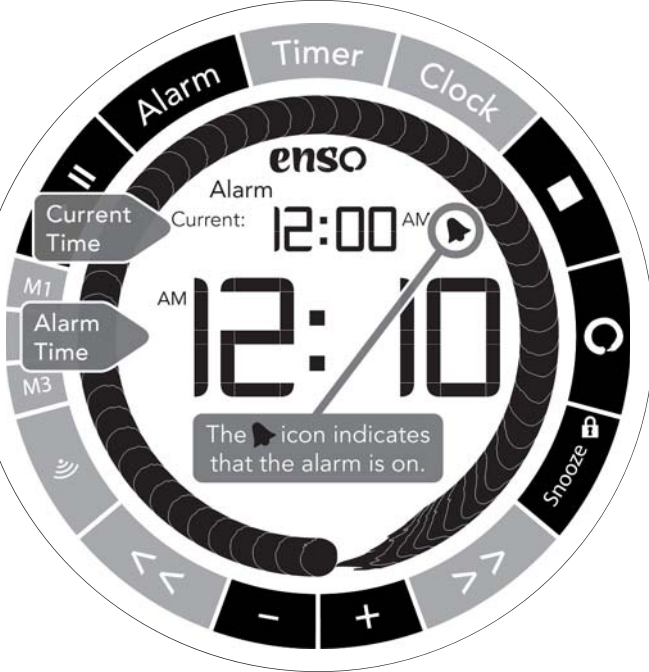**2** Adjust the Alarm.

Press **+** to increment time.

Press **−** to decrement time.

Hold for fast scrolling

3 Press **▶ II** to turn on or modify Alarm.

X Press **■** to turn Alarm off.

○ When Alarm Sounds, Press **Snooze** to Snooze.

Snooze Function: Alarm tone will be silenced and alarm time will advance by 9 minutes.

Timer

Clock

Alarm

enso

Alarm
Current: 12:00 AM

Current Time

AM 12:10

Alarm Time

M1

M3

The 🔔 icon indicates that the alarm is on.

Snooze

<< >>

− +

Setting and Using the Timer

1 Press the **Timer** Button.

2 Adjust the Duration of Timer.

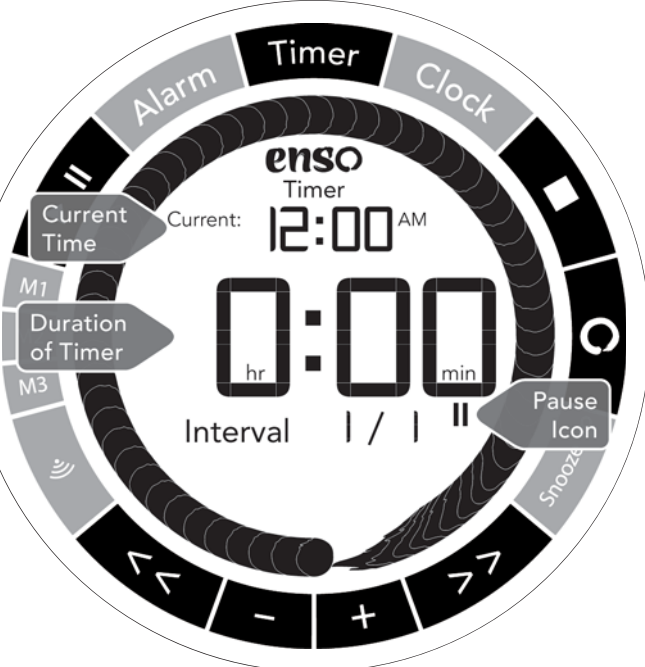Press **+** to increment time.

Press **−** to decrement time.

Hold for fast scrolling

3 Press **▶ ‖** to Start the Timer.

The ‖ (Pause) icon will change into a ▶ (Play) icon to indicate that the Timer is running.

◻ Press **◻** to Stop and Exit Timer.

Alarm Timer Clock

enso
Timer
Current: 12:00 AM

Current Time

Duration of Timer

M1

M3

0:00
hr   min

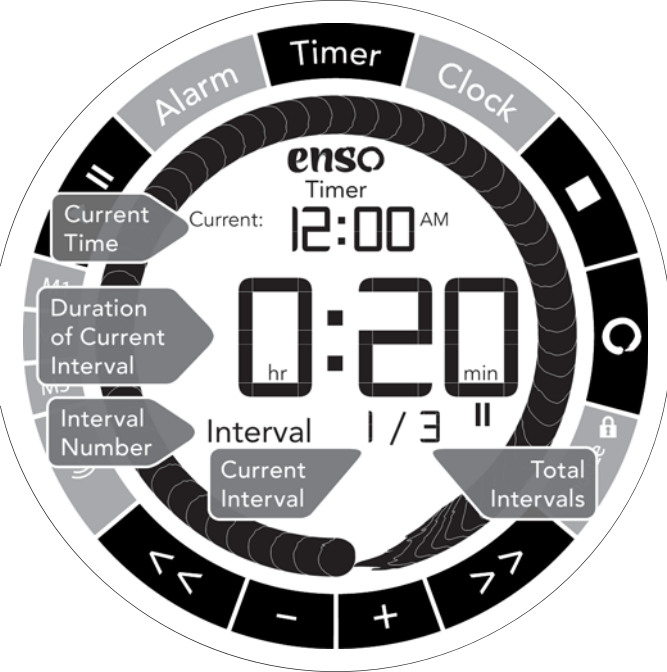Interval | / | ‖

Pause Icon

Snooze

Interval Timing

. . . is the timing of a sequence of two or more separate sub-timers (Intervals). Each Interval is set for a specific duration of time. Pressing ▶ ❙❙ begins the countdown of each Interval one-after-another until the entire timing sequence is complete. Interval Timers in the Enso Clock can each hold up to 50 Intervals.

Example: 3-Interval Timer

Interval 1	Interval 2	Interval 3
20 min	15 min	10 min
START		FINISH

Total Time: 45 min

Interval Timing

1 Press the `Timer` Button.

2 Adjust the Duration of Current Interval.
Press `+` or `−` to adjust duration.

3 Hold `>>` to Add Interval.
Beep will sound, Current and Total Interval Displays will both increment.

🔁 Repeat **2** to Adjust Time of New Interval.

🔁 Repeat **3** & **2** to Add More Intervals.

4 Press `▶ ‖` to Start the Timer.

⏹ Press `■` to Stop.

Interval Timing

⏹ Review the Intervals in Timer.
Momentarily press `>>` to advance to the next Interval. Screen will update to show Current Interval number and duration.

Momentarily press `<<` to return to the previous Interval. Screen will update to show Current Interval number and duration.

X Hold `<<` to Delete Current Interval.
Beep will sound, Current and Total Interval Displays will both decrement.

Timer Memory

The Enso Clock is capable of storing a 50-Interval Timer into each of 3 distinct memory locations (M1, M2, M3) for fast recall.

1 Check Memory Status.

Ensure desired memory location is empty. Memory location number should not be visible. Otherwise, see below to clear memory location.
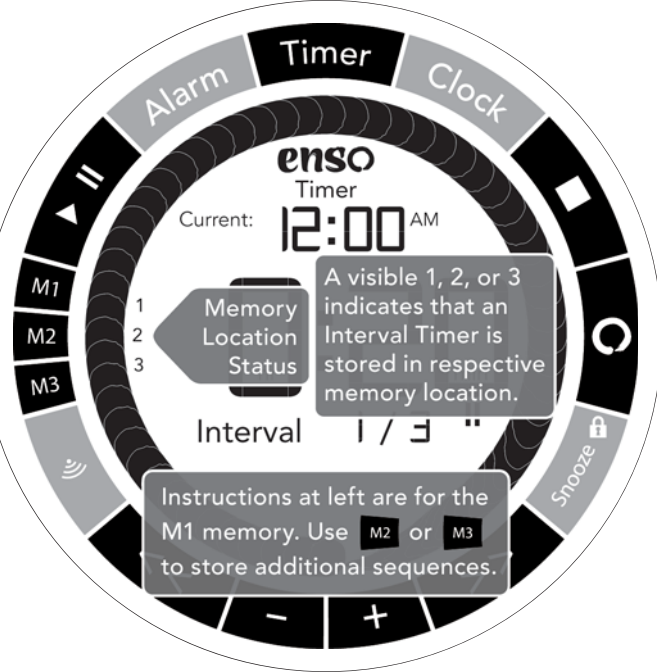
2 Set Timer to Desired Duration.

3 Hold M1 to Store Timer in M1.

Beep will sound, "1" icon is visible on screen. Current Timer stored in M1 memory.

X Hold M1 to Clear M1 Memory.

Double-Beep will sound.
"1" icon will disappear.

14

Alarm | Timer | Clock

enso
Timer

Current: 12:00 AM

M1
M2
M3

1
2
3

Memory Location Status

A visible 1, 2, or 3 indicates that an Interval Timer is stored in respective memory location.

Interval 1 / 3 "

Instructions at left are for the M1 memory. Use M2 or M3 to store additional sequences.

Snooze

Timer Memory

◘ Recall a Timer from Memory.

M1 M2 M3 If a Timer is saved to a memory location, it can be recalled by pressing the button of the memory location.

The recalled Timer will be copied over the current timer.

◘ Direct Memory Access

Pressing a Memory Button will automatically switch the Enso Clock into Timer mode and load the saved Interval Timer.

Note: When erasing a timer from a memory location, the erased timer will simultaneously be copied over the current timer on the display since the memory button was pressed in the process of erasing. The memory location will be clear but the Timer has now been loaded on the screen. The Timer on the screen can then only be erased by manually holding down the << button repeatedly until all Intervals have been erased.

Note: Timers cannot be edited in memory. The timer should first be cleared from memory. As noted above, the erased timer will be loaded during memory erasing. Make desired changes to timer on screen. Save modified timer to empty memory location.

Setting the Audio Alert

Selected sound settings apply to all
Enso Clock functions (Timer & Alarm).

1 Press the 📶 Button.

2 Press **+** or **−** to adjust the Volume.

Selects the volume level of audio alert.
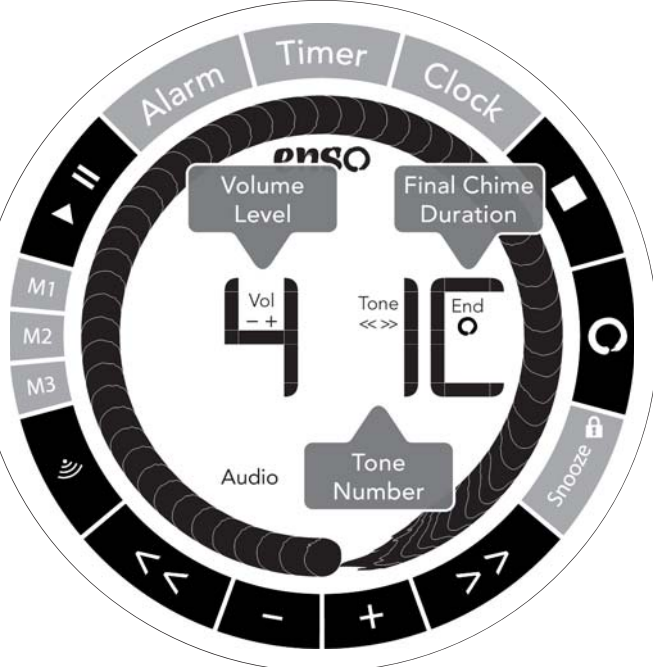Audio alert is muted if level 0 is selected.

3 Press **<<** or **>>** to change the Tone.

Changes selected audio tone.

4 Set the Duration of the Final Chime.

Toggles the duration of final chime.
(⌐ =continuous, �김 =double chime)

5 Press **▶ ‖** to Save.

18

Additional Features

Backlight

 Press to turn the Backlight on for 2 seconds. Due to power limitations the Backlight cannot always be on.

Hiding the Numerical Display During Timer

 When Timer is running, hold down Enso Button for 3 seconds to hide numerical display, leaving only the Enso Ring.
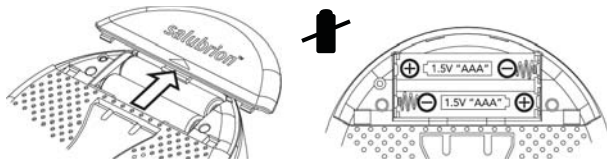
Keypad Lock

 Hold to lock or unlock the Keypad.

Changing the Battery

When the low battery icon appears on the screen, the 2-AAA batteries must be replaced.

Low battery power can cause the Enso Clock to malfunction. Symptoms may include the clock display freezing, the buttons not responding to input, random resetting, or degradation in audio quality. These problems can usually be remedied by a fresh set of batteries.

FCC Compliance Statement

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. See instructions if interference to radio or television reception is suspected.

Radio and Television Interference

Warning: Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio TV technician for help.

Industry Canada Statement

This Class B digital apparatus complies with Canadian ICES-003. Cet appareil numérique de la classe B est conforme à la norme NMB-003 du Canada.

European Community

Complies with European Directive 89/336/EEC.

Salubrion, LLC Limited Warranty

This limited warranty extends to original consumer purchaser or any person receiving this product as a gift from the original consumer purchaser and to no other purchaser or transferee.

Limited One (1) Year Warranty

Salubrion warrants this product against defects in materials or workmanship for a period of one (1) year after the date of original retail purchase. During this period, Salubrion will repair or replace a defective product or part, at their discretion, with a new or refurbished product or part without charge to you. You must deliver the entire product to Salubrion. You are responsible for all transportation and insurance charges for the unit to and from the Salubrion's Service Center.

Your Responsibility

The above warranty is subject to the following conditions: (1) You must retain your bill of sale or provide other proof of purchase. (2) You must notify Salubrion within thirty (30) days after you discover a defective product or part. (3) All warranty servicing of this product must be made by Salubrion or a Salubrion Authorized Service Station. (4) Salubrion warranties are effective only if the product is purchased and used in the same continent territorial regions. (5) Warranties extend only to defects in materials or workmanship as limited above and do not extend to any product or parts which have been lost or discarded by you or to damage to products or parts caused by misuse, accident, damage caused by Acts of God, improper maintenance or use in violation of instructions furnished by us; or to products which have been altered or modified. (6) A physically damaged product is not acceptable for repair or exchange whether in or out of warranty and will be returned as received.

Thank you!

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